

**Amazing Thinker**

# Self-Intelligence

- Knowledge, Wisdom
- Attitudes and Mindsets
- Self-Intelligence
- Innovating
- Breakthrough Thinker
- Creativity, Discovering
- Subconscious Mind
- SystemThinking
- Problem Solving
- Strategic Thinking
- Decision Making
- Interpersonal Intelligence

“Day by day, your fate gives you nothing but a chance – a chance to grow wiser, stronger and kinder.

Realize this, and you will transform your life.”

~ Vadim Kotelnikov



## Self-Intelligence:

### Self-Knowledge + Self-Development + Self-Management

Self-intelligence (Intra-Personal Intelligence) is the ability to know, develop and manage yourself. It is the ability to take a holistic view of yourself, to master your whole self, to design your life and to reach your true potential.

It is the ability to understand and listen to yourself, to know your deep aspirations, beliefs values, capabilities, strengths and weaknesses in order to design your life and act accordingly. The better you know yourself, your strengths and weaknesses the more effectively and efficiently you can develop and manage yourself.

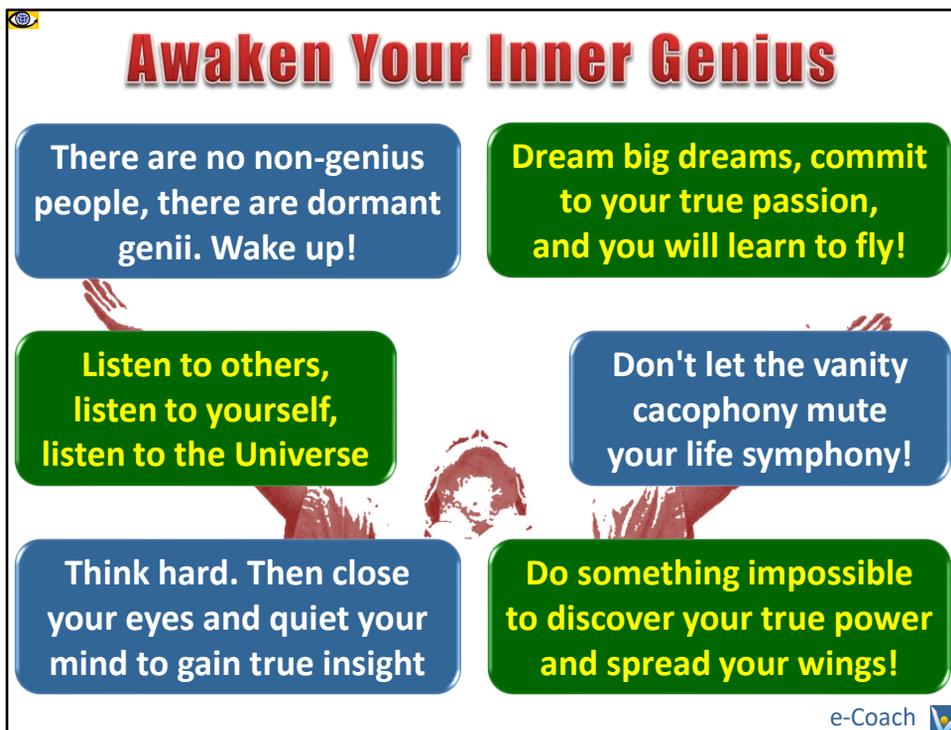
### Self-Discovery

To discover your true – divine – self, get rid of all your attitudes and thoughts that are not nurtured by love.

Actually, self-discovery is not an event, it is an exciting lifelong journey. Look at yourself as a sunflower seed: you can stay as you are, or you can grow yourself into a wonderful sun-like plant. The bigger the challenge you address, the bigger your awakening. Stretch your imagination and efforts, and they will stretch your capabilities and achievements beyond imagination.

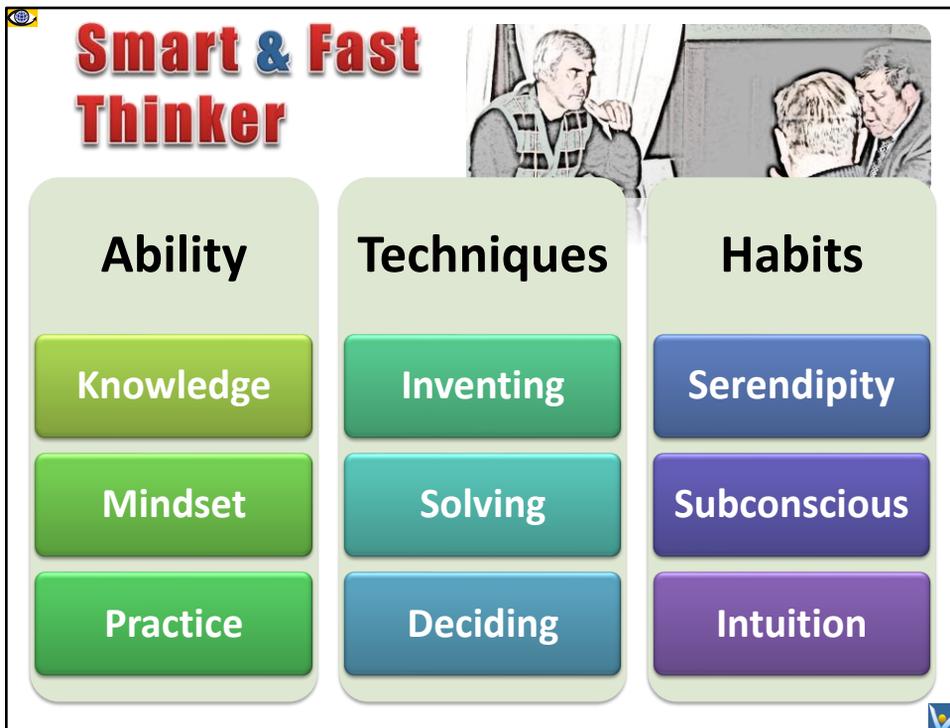
### Two Paradoxical Rules of Your True Self

- ① You must stop thinking to discover your true self.
- ② You must be brave to dare to yield to your true self.



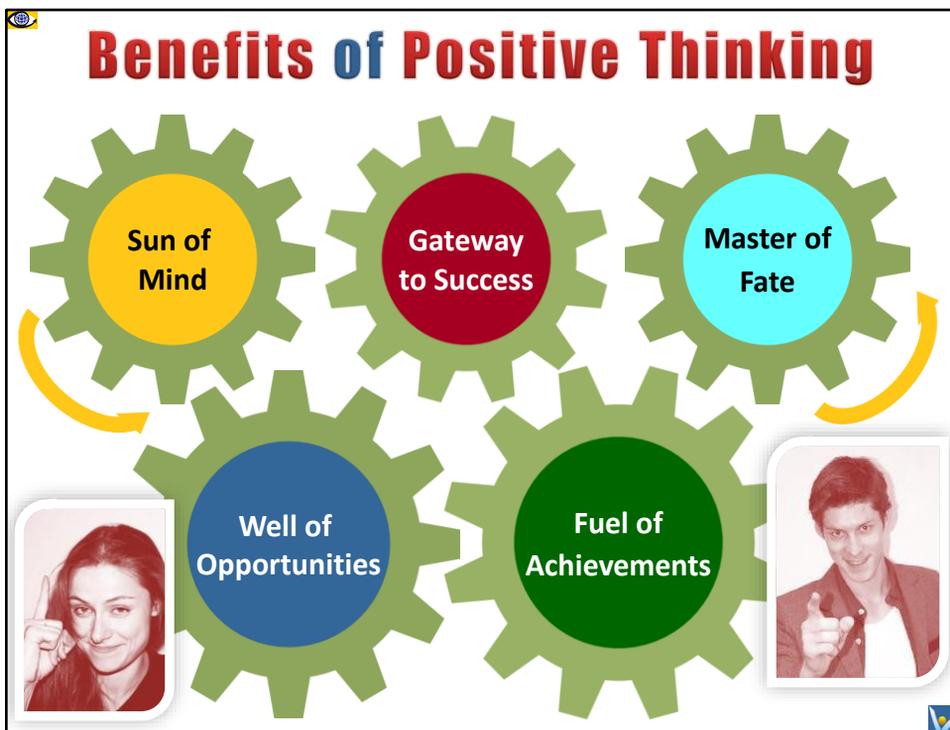
### KoRe 10 Tip for Awakening Your Inner Genius

1. Dream big dreams. Big dreams lead to big breakthroughs; small dreams lead to small breakthroughs. Stretch your dreams, and your dreams will stretch you.
2. Cultivate a burning desire to make the world amazingly better. Love the world, love others to awaken the true soul of your genius.
3. Believe you are a genius. There are no non-genius people, there are dormant geni. If your genius is a sleeping beauty, kiss her!
4. Strive to achieve something impossible to unleash your true talents.
5. Open your mind to new ideas. Listen to yourself, listen to the world, listen to others to attract and synergize diverse insights.
6. Love learning. Constantly search for new knowledge that will help you make your dream a reality and fulfill your life mission.
7. Love what you do – your inner genius starts whispering when you do your creative work passionately or play with the objects you love.
8. Alternate brainstorming with relaxation to take a “helicopter view” of your work and discover opportunities to improve the big picture.
9. Listen to your intuition, your first thought, yet very powerful sixth sense. Learn how to engage your subconscious mind and ideate on autopilot.
10. Listen to the Universe and learn to notice and understand the signals the Universe sends you.



### KoRe 10 Tips for Smart and Fast Thinking

1. Have a grand noble vision of the future you want to create – it will serve you subconsciously as a lodestar when you need to think fast.
2. Increase both depth and width of your knowledge, build your cross-functional expertise – the more you know the faster and better you connect diverse ideas.
3. Be determined and believe in your ability to think fast. Adopt an open-minded attitude and maintain good emotional health.
4. Practice fast thinking continually to keep your thinking muscles elastic. Undertake activities that promote fast thinking, do online reflex tests, play simulation, improvisation or fun games that improve creativity and reaction times.
5. Master various inventive thinking techniques. Use innovative thinking tools that speed up the creative process.
6. Think positively. Treat failures and problems as opportunities to make new discoveries, invent new solutions and find new ways.
7. Apply and master fast decision-making techniques such as Guiding Principles, 80/20 Principle, Weighted Criteria or 4×2 Perceptual Positions.
8. Develop serendipity – a joyful habit to make accidental discoveries continually.
9. Engage your subconscious mind that works millions of times faster. Alternate brainstorming with brainstilling to turn your subconscious mind on.
10. Trust your intuition. Your first intuitive impression is usually correct. Make it a habit to listen to what your inner voice says.



## Positive Thinking Dos and DON'Ts

### The Sun of Your Mind

Don't see "positive thinking" as just "another technique".

Do see positive thinking as the Sun of your Mind that awakens your → happiness, joy, creativity and successfulness.

### A Well of Opportunities

Don't see problems as a curse.

Do see problems as blessings in disguise and search for great opportunities they bring about.

### A Gateway To Success

Don't see a failure as the dead end.

Do see a failure as a valuable feedback, a learning opportunity, and a stepping stone to success that makes you stronger and wiser.

### The Fuel of Your Achievements

Don't focus on your past misfortunes.

Do reflect on your present blessings of which you have many and focus on where you are going.

### A Fate Master

Don't grow hopeless about any situation.

Do be optimistic; smile at your fate and your fate will finally smile back at you.



### Lexicon of Losers and Winners

*Losers say, "Nothing needs to be changed."*

*Winners say, "I love to create positive change."*

*Losers say, "I already know it."*

*Winners say, "Interesting! I'd like to learn more about it."*

*Losers say, "Getting 90% of my work done is good enough."*

*Winners say, "Achieving 110% is not good enough – I'll stretch myself further!"*

*Losers say, "Here I am."*

*Winners say, "I am happy to see you."*

*Losers say, "You must help me."*

*Winners say, "How could I help you?"*

*Losers say, "I want to be a boss."*

*Winners say, "I strive to be a better me."*

*Losers say, "I want to be a tycoon."*

*Winners say, "I need just enough to be able to do what I love to do."*

*Losers say, "I hate problems."*

*Winners say, "I enjoy finding opportunities in problems."*

*Losers say, "I want to get more for less."*

*Winners say, "I strive to give more for less."*

*Losers say, "It's interesting, but too risky and difficult."*

*Winners say, "What a great opportunity and challenge! I'll do it!"*